

*A Good Place To Grow*

**Holly Hills Elementary School**

**500 Ogden Drive**

**Westampton, NJ 08060**

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Mrs. Jennifer Murray

Principal

jmurray@westamptonschools.org

Dear Parent/Guardian:

We at Holly Hills School would like to help keep our students and staff in school by keeping them healthy. One way we can do that is by enlisting your help in following the guidelines below when it pertains to contagious illnesses.

**FEVER**

* Your child should be **FEVER FREE, WITHOUT THE USE OF TYLENOL OR MOTRIN,** for at least **24 HOURS** before returning to school.
* If your child complains of a headache, please check for a fever, since a headache often indicates an elevated temperature.

**UPSET STOMACH**

* May be an indicator of either a stomach virus or strep throat
* If they also have a fever and/or headache
* Vomiting – keep your child home. Your child should be **VOMIT FREE** for **24 HOURS** prior to returning to school.

**STREP THROAT**

* If your child has been diagnosed with strep throat, he/she should be on antibiotics for a **FULL 24 HOURS** prior to returning to school. **I.E.** If first dose of the antibiotic was started on Monday at 12pm they may not return to school until Wednesday.

**COLDS**

* If they have a fever
* If fever free yet symptoms are severe – child is irritable and tired
* If there is frequent coughing, sneezing, or producing any excess of mucous and/or mucous is yellow or green.

**DIARRHEA**

* **STAY HOME!** This is extremely contagious. Your child must be **DIARRHEA FREE** for **24 HOURS** prior to returning to school

**PINK EYE**

* **STAY HOME!** This is extremely contagious. Your child must be on eye drops for **24 HOURS** prior to returning to school

**LICE**

* If your child was diagnosed with lice, **PLEASE REFRAIN FROM SENDING THEM BACK TO SCHOOL UNTIL TREATMENT HAS BEEN RECEIVED**. If a child returns to school with live lice or knits they will be sent back home.

**RING WORM**

* If your child has been diagnosed with ring worm, he/she can return to school after treatment has been started.
* If it is in an area in which is exposed, please cover it prior to coming to school.

**HEALTHY REMINDERS**

* Don’t share cups, utensils, food, hats, combs etc.
* Frequent handwashing
* Get plenty of rest

**PLEASE REMEMBER:**

* If your child does not feel well at home, those symptoms usually intensify as the day progresses.
* Sending a child back to school before they are entirely well and they are still run down usually means they will not be able to resist the next set of germs they encounter.
* **If your child will be out of school, please call the attendance line, 609-267-8565 ext. 2050 or an email can be sent to hhsattendance@westamptonschools.org**
* It is imperative that emergency information be kept up to date at all times so that we can contact you immediately in case of illnesses.

Any questions or concerns please do not hesitate to contact the school nurse.

Sincerely,

Danielle McNally BSN, RN NJ-CSN

School Nurse